



2023 ANNUAL REPORT



MISSION

To reduce the use of alcohol, marijuana and other drugs among youth in Bannockburn, Deerfield, Highland Park, Highwood & Riverwoods.

PRESIDENTS' MESSAGE

The power of our coalition is the people at the table – parents, students and community leaders from over 30 organizations. We all want a successful future for our youth. We want our teens and tweens to come home safe at night, perform their best at school and achieve their dreams. We try to prevent negative consequences of underage drug use before it happens. Together, our goal is to change the environment around our youth to help make the drug-free choice the easier choice.

To positively impact as many families as possible, we only use strategies proven to work by research. In these pages, you'll see that our efforts strive to move youth towards positive choices rather than away from risky ones. We don't use fear appeals because research shows the best way to change youth behavior is to be positive, inclusive and most of all, empowering. Check out our website and follow our social media for fantastic family resources tailored to our community.

We thank our dedicated partners, volunteers and supporters who put "Community" in "Community – The Anti-Drug." It's an honor to work with you.

Erika Berdell
CTAD Co-President
Prevention Specialist,
OMNI Youth Services

Luisa Espinosa-Lara
CTAD Co-President
Community Liaison,
Highland Park High School



VISION

A safe, healthy community in which our youth feel protected, confident and empowered to make drug-free choices.

Pictured on front: 1) Nancy Nervick, Sandra Ramirez & Delta students at HPHS Open House, 2) Program Coordinator Sweet & Director Hyndman accept grant award from Highland Park Community Foundation, 3) Delta DHS officers Eliza Kalina, Jessica Lew & Kayla Chang, 4) Delta HP interactive trivia, 5) Delta DHS & HPHS students review drug facts, 6) Delta DHS & HP annual training, 7) Delta HP students J'Lynn Vargas, Mark Martinez, Anthony Lopez & Tony Temple 8) CTAD Annual Meeting, 9) Executive Director de Nekker presents at national conference

CTAD'S IMPACT

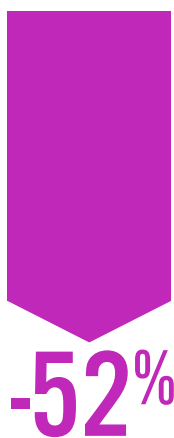
District 113 students say they choose to be drug free to keep their body healthy, to follow the law, to stay in control, to perform their best and to be a good role model.



85% of District 113 students choose to be **ALCOHOL-FREE**

87% of District 113 students choose to be **MARIJUANA-FREE**

Teen use of alcohol cut in half.
District 113 students who reported drinking in the previous 30 days dropped from 31% in 2018 to 15% in 2023.

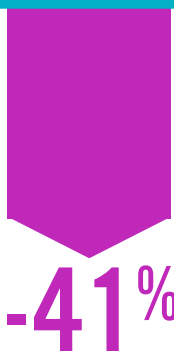


Teen use of marijuana cut by a quarter.
District 113 students who reported marijuana use in the previous 30 days dropped from 18% in 2019 to 13% in 2023.



Coolness of alcohol & marijuana almost cut in half.

District 113 students who think alcohol use is cool dropped from 44% in 2018 to 26% in 2023.



District 113 students who think marijuana use is cool dropped from 49% in 2018 to 27% in 2023.

Source: Delta Intercept Survey, October 2018 (475 District 113 students), October 2019 (442 District 113 students), May 2023 (511 District 113 students) & October 2023 (502 District 113 students). Non-use rates based on students reporting no use of alcohol or marijuana 30 days prior to the survey. Perceived coolness is percent of students who said there was some chance, pretty good chance, or very good chance they'd be seen as cool if they used alcohol or marijuana.

2023 ACCOMPLISHMENTS

Promotion of 24/7 Support Lines free to our community via social media, PSAs in the high schools and family activity sheets in restaurants



Family Resource Guide updated and revamped to be completely online. Includes age-appropriate talking tips, local resources and drug-specific fact sheets for both youth & caregivers



14 Awareness Events & Interactive Activities conducted by Delta DHS & HPHS students to promote drug-free choices



Middle School Education on alcohol, vaping & marijuana provided by teachers, school resource officers and health department staff including evidence-based curriculums *Catch My Breath* and *Too Good for Drugs*



Highland Park Closes Legal Loophole to prevent unregulated sales of THC in stores visited by youth



YOU MATTER and **Most of You** drug awareness campaigns designed and implemented in collaboration with DHS & HPHS Delta students



8 Open Houses & Community Events to promote CTAD resources to local families



Alcohol Awareness Campaigns "Not a Game" and "Your Life Matters" for Edgewood & Northwood Middle School students and "Keep Showing Up" for District 112 parents



Parent Webinars & Workshops on talking to your children about difficult topics, ways to create emotional stability and marijuana industry tactics



Parent Newsletters with local events, tailored resources, conversation starters & volunteer spotlights emailed to 16,000 student guardians via school districts



Talking about NOT drinking underage now can protect your teen's developing brain.

KEEP SHOWING UP
THEY'RE STILL GROWING UP



2024 PRIORITIES



Provide parents & guardians with tools to talk to their teens and tweens about the risks of marijuana use



Encourage families to monitor and secure their home supplies of alcohol and marijuana



Develop a new drug awareness campaign with input from youth



Promote safe and drug-free alternatives for teens after dances and other activities



Offer middle school students lessons from evidence-based programs proven to reduce youth initiation of drug use

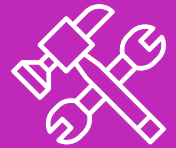


DELTA IN CHANGE

Utilize proven strategies recommended by the CDC for the biggest impact and long-lasting change



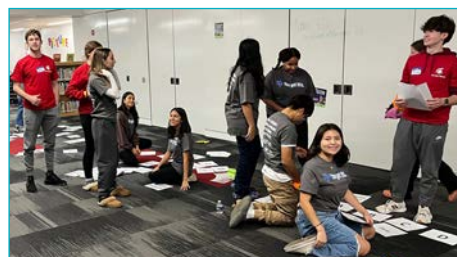
Offer workshops, fact sheets and resource guides tailored for our community



Work with festival organizers and party hosts to offer festive, non-alcoholic drinks for youth and others who cannot or choose not to drink alcohol



Recruit and train DHS & HPHS students to promote healthy, drug-free choices to their peers as part of the Delta youth program



Increase collaboration between community organizations, parents and youth

VOLUNTEERS



COMMUNICATIONS



Develop drug awareness campaigns, produce monthly parent newsletters & promote events

DELTA YOUTH



Inspire peers at DHS & HPHS to be drug-free through educational trivia events & awareness campaigns

EVALUATION



Collect, analyze and interpret data to inform programming & monitor progress

SUSTAINABILITY



Provide oversight and guidance of CTAD finances & fundraising initiatives

PARENT OUTREACH



Develop parent resources, workshops & presentations

MEMBERSHIP



Recruit, train, engage & recognize volunteers

WORKING TOGETHER TO MAKE THE DRUG-FREE CHOICE THE EASY CHOICE

Myra Amin
Forrest Anderson
Kathryn Anderson
Lea Bacci
Mia Barnett
Molly Baron
Anacany Barrera
Erika Berdell
James Boyle
Lilly Brandt
Amy Bricker
Lori Buchaklian
Jennifer Butler
Shelley Byrnes
Andrew Calderon
Lexi Calderon
Martin Castro
Kayla Chang
Bertha Chavez
McKenzie Cherestal
Martin Clancy
Holly Colin
Alex Conejo
Scott Coren
Michelle Culver
Bruce Dayno
Shea Donahue
Vanessa Dugo

Clayton Edwards
Stephanie Eisenberg
Sophie Engerman
Luisa Espinosa-Lara
Vanessa Facchini
Sloane Farber
Autumn Fallas
Sylvia Feinstein
Mark Filler
Ben Finfer
Debby Finn
Beth Fishman
Julia Fleischer
Kenia Flores
Sadie Fox
Lesa Friedrich
Gail Gausselein
Kai Gheslin
Jennifer Ginopolis
Elizabeth Gleyzer
Phoebe Goldfarb
Hannah Grace
Rheanna Hall
Suzan Hawkinson
Jody Heavilin
May Horein
Daniel Huicochea
Emily Huicochea

Amy Hyndman
Emma Jacobson
Josue Jimenez
Lou Jogmen
Solveig Jurmu
Eliza Kalina
Sadie Kalina
Alicia Kennedy
Andrew Kluge
Meredith Lederer
Juan Leon
Karen Levi
Jessica Lew
Norah Liang
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Anthony Lopez
Christopher Lopez
Claudia Lopez
Jamie Lorenz
Michael Lubelfeld
Al Maciareillo
Lauren Maldonado
Zeus Maldonado
Alesia Margetis
Nathan Margulis
Jaimes Mariely
Mark Martinez
Laura McCarty

Don McCord
Adam Mihelbergel
Josh Miller
Jesse Morales
Brianna Morena
Payton Murrillo-Huhn
Keyla Najera
Nancy Nervick
Ghida Neukirch
John Norris
Ariel Oberfeld
Kat Oleari
Jorie Ouimet
Isabella Oviedo
Laura Parise
Sydney Pastroff
Jonathan Pearlman
Margaret Polovchak
Michelle Quintana
Alyssa Robbins
Ava Rodgers
Bryan Rome
Brian Rome
Harriet Rosenthal
Nancy Rotering
May Ruffner
Lauren Russ
Katharina Rygjel

Charlie Shaffer
Ally Shapiro
Jon Shapkarov
Joseph Shapkarov
Martha Silberman
Catherine Spencer
Teresa Stadler
Eric Steckling
Joaquin Stephenson
Josh Strelitz
Kent Street
Nate Styx
Justine Taitler
Tony Temple
Walt Trillhaase

Ava Van Every
J'Lynn Vargas
Brian Verisario
Melanie Villegas
John Walker
Karys Walker
Karen Warner
Charla Waxman
Izzy Weintraub
Leah Wernick
Dale Weshinsky
Susie Wexler
Alexander Wiley
Hanna Wierzba
Kris Zerfass

Names in purple represent youth volunteers



BOARD OF DIRECTORS

2024 EXECUTIVE BOARD

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 Co-President Luisa Espinosa-Lara
 Vice President Dr. Lilly Brandt
 Vice President Jennifer Ginopolis
 Treasurer Kent Street
 Secretary Suzan Hawkinson
 Member-at-Large Al Maciareillo
 Past President Jim Boyle

2024 BOARD OF DIRECTORS

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 Vanessa Dugo
 Amy Hyndman
 Karen Levi
 Jamie Lorenz
 Lauren Maldonado
 John Norris

Dr. Laura Parise
 Alyssa Robbins
 Eric Steckling
 Walt Trillhaase

Honorary Directors:

Nancy Rotering
 Harriet Rosenthal

2023 OUTGOING BOARD OF DIRECTORS

Anacany Barrera

Shelley Byrnes

Laura McCarty

FINANCIAL SUPPORT

CTAD offers its heartfelt thanks for the financial support it receives from local foundations, compassionate community leaders and caring residents.

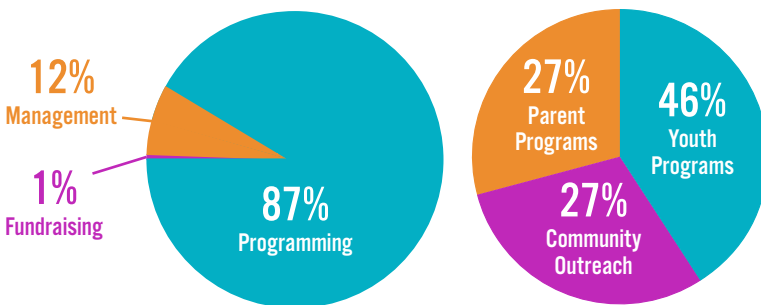


INDIVIDUAL DONORS

Lisa Allen
 Chung Family
 Degen Family
 Glick Family
 Debbie & Ted Krug

Navickas Family
 Harriet & Stan Rosenthal
 Rospenda Family
 Earl & Margie Stone

2023 EXPENDITURES



Your donation has double the impact! Financial contributions count toward a dollar-for-dollar match with a grant from the CDC.

CTAD is a 501(c)3 nonprofit organization. Contributions are tax-deductible to the extent allowed by the law. EIN number: 451631475. Donors listed above contributed 1/1/23 - 12/31/23.

OUR PARTNERS



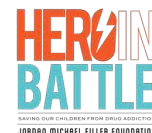
Village of Bannockburn



Village of Deerfield



Bannockburn School District 106



Community – The Anti-Drug Coalition

Offices located at Deerfield & Highland Park High Schools
courtesy of Township High School District 113

Executive Director
Barbara de Nekker

Program Coordinator
Lindsay Sweet

Delta Staff
Lisa Burns

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